ITEM # MAS026 | UPC 085246300878 | DOT Code: 813956



Cheese Mini Empanadas

Filled with ricotta, mozzarella, onion salt and pepper.

Ingredients: dough: enriched unbleached flour (wheat flour, malted barley flour, niacin, iron, thiamine, riboflavin, folic acid), water, canola oil, salt, distilled vinegar. Filling: ricotta (milk pasteurized, milk nonfat, whey, vinegar), mozzarella (cultured pasteurized part-skim milk, salt, enzymes), onion, salt, black pepper)

Contains: milk, wheat

Nutrition Facts

About 2 servings per container
Serving size 4 empanadas (106g)

	Per serving		Per container	
Calories	**240**		**490**	
		% DV*		% DV*
Total Fat 9g		12%	18g	23%
Saturated Fat 3.5g		18%	7g	35%
Trans Fat 0g			0g	
Cholesterol 20mg		7%	40mg	13%
Sodium 380mg		17%	760mg	33%
Total Carb. 29g		11%	59g	21%
Dietary Fiber 1g		4%	2g	7%
Total Sugars 1g			2g	
Incl. Added Sugars 0g		0%	0g	0%
Protein 11g			22g	
Vitamin D 0.1mcg		0%	0.2mcg	2%
Calcium 200mg		15%	400mg	30%
Iron 1.7mg		10%	3.5mg	20%
Potassium 100mg		2%	200mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

8 52463 00878 5

MASPANADAS