ITEM # MAS070 | UPC 0852463008747 | DOT Code: 840532



Beef Picadillo Empanada Poppers

Filled with ground beef, water, red pepper, onion, carrots, potatoes, and tomato paste.

Ingredients: dough: Enriched unbleached flour (wheat flour, malted barley flour, niacin, iron, thiamine, riboflavin, folic acid) water, canola oil, salt, distilled vinegar. Filling: ground beef, carrots, onions, water, green peppers, red peppers, potatoes, potatoes mashed and dehydrated, tomato paste (tomatoes, citric acid), black beans seat salt, chicken base (roasted chicken, salt, yeast extract, natural flavors, tumeric), bamboo fiber, garlic, black pepper, oregano, paprika, cumin, bay leaf.

Contains: Wheat.

Nutrition Facts

About 3 servings per container

Serving size **4 poppers (85g)**

	Per serving	Per container
Calories	**190**	**570**
	% DV*	% DV*
Total Fat 7g	**9%**	22g **28%**
Saturated Fat 2g	**10%**	6g **30%**
Trans Fat 0g		1g
Cholesterol 10mg	**3%**	35mg **12%**
Sodium 350mg	**15%**	1050mg **46%**
Total Carb. 25g	**9%**	75g **27%**
Dietary Fiber 2g	**7%**	5g **18%**
Total Sugars <1g		3g
Incl. Added Sugars 0g	**0%**	0g **0%**
Protein 6g		17g
Vitamin D 0mcg	0%	0mcg 0%
Calcium 10mg	2%	40mg 4%
Iron 1.7mg	10%	5.2mg 30%
Potassium 150mg	4%	460mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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