ITEM # MAS027 | UPC 085246300809 | DOT Code: 813953



Beef & Vegetables Mini Empanadas

Filled with ground beef, onion, carrots, water, red pepper, and potatoes.

Ingredients: dough: Enriched Unbleached flour (wheat flour, malted Barley flour, niacin, iron, thiamine, Riboflavin, folic acid), water, canola oil, Salt, distilled vinegar. Filling: (ground Beef, water, red pepper, onion, carrots, Potatoes, tomato paste (tomatoes, citric Acid), potatoes, garlic, canola oil, salt, Supreme chicken base (roasted chicken Meat, salt, chicken fat, dextrose, sugar, Natural flavoring, chicken broth, Turmeric), paprika, black pepper, Oregano, thyme, cumin).

Contains: Wheat.

Nutrition Facts

About 2 servings per container
Serving size 4 empanadas (106g)

	Per serving		Per container	
Calories	**210**		**430**	
		% DV*		% DV*
Total Fat 7g		9%	14g	18%
Saturated Fat 1.5g		8%	3g	15%
Trans Fat 0g			0g	
Cholesterol 10mg		3%	20mg	7%
Sodium 430mg		19%	850mg	37%
Total Carb. 31g		11%	62g	23%
Dietary Fiber 2g		7%	3g	11%
Total Sugars 1g			2g	
Incl. Added Sugars 0g		0%	0g	0%
Protein 7g			13g	
Vitamin D 0mcg		0%	0mcg	0%
Calcium 20mg		2%	30mg	2%
Iron 2.1mg		10%	4.1mg	25%
Potassium 140mg		2%	280mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

8 52463 00809 9

MASPANADAS